

Brody's Story

"Brody is now a role model to other young people and enjoys his role as 'Independence Buddy' to help encourage others to develop and use their independence appropriately and safely."



Brody arrived at Highfield House Children's Home after a number of unsuccessful home and school placements; he did not enjoy learning and his attendance was extremely poor. He lacked confidence, struggled with personal care and was unable to manage his emotions, resulting in him being confused and displaying aggressive behaviors that shocked him and others around him.



A couple of emotions that Brody hid were his sadness and anxieties that kept him up at night and were reasons behind him pushing away the adults around him. That was until he joined Highfield House. The staff team saw his vulnerabilities and initially worked to build him up by introducing a much needed routine and personal care skills, along with a toolkit of strategies and support systems to help manage his angry outbursts. The success of this allowed staff to move on to build his confidence and social skills with the support of his therapist, keyworker, school staff and key family members. Brody could now express himself in a more positive manner and reflect on his behavior.

Brody's love of animals and the great outdoors were used to help him stay calm and self-regulate. In addition to this, he is a keen fisherman and this has proven to be a fantastic activity for him as it has taught him patience in a peaceful environment, one that he often craves.



The young man that arrived at the home is now unrecognisable and his progress is testament to all the staff team who have helped him to grow into a funny and polite character. His is now a role model to other young people and enjoys his role as 'Independence Buddy' to help encourage others to develop and use their independence appropriately and safely. In addition to this, he also has the coveted role as the 'Home's Champion' where he gathers the thoughts and opinions of other young people in the home on new furnishings, new games and activities, as well as promoting the home to be a clean and tidy place for everyone.

The confused and angry young man that entered the doors of Highfield House will now leave with a future full of promise.